

JAMES STUDY JOURNAL

GET REAL:

AN INVITATION TO LIVING AUTHENTICALLY

James Study Journal:

GET REAL-An Invitation to Living Authentically

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JAMES

GET REAL:
AN INVITATION TO LIVING AUTHENTICALLY



INTRODUCTION

Welcome! I'm so looking forward to all God has planned for us in this study. If you've ever wondered what the Christian life should look like, James tells it like it is. We're about to get real. I hope you're ready for it!

Here are a couple of things for you to do before our first lesson:

1. Read the entire book of James.
2. Summarize in two sentences what chapter one is about.

You'll notice that the questions for the homework are pretty straightforward without much narrative. This is intentional to allow you to focus on a God's Word. Let the Spirit of God speak through His Word. Yield to what He's telling you each week.

Feel free to do the questions in one sitting or break them apart as you wish over the course of each week.

I invite you to connect with me via Facebook, Twitter, or Instagram. You can also download the Living with Power app and email me at lina@livingwithpower.org.

I'm praying our time together is rich and that God does a lasting work in our hearts as He draws us closer to Him through His Spirit.

Lina AbuJamra



LESSON ONE

JAMES 1:1-25

UNSHAKEN: STANDING STRONG IN THE MIDST OF TRIALS

*Before the lesson, read James chapter 1.
Summarize the chapter.*

LESSON OUTLINE:

1. It is only as you understand the purpose of your trials that you will find _____ in your trials.

2. It is only as you grab hold of your _____ in trials that you will find victory over your trials.

3. It is only as you see God's _____ in trials that you will find freedom over trials.

4. It is only as you commit to _____ in trials that you will find blessing in trials.



QUESTIONS:

1. What do you hope to get out of this study of the book of James?

2. What are the top two or three trials you going through right now?

3. How has your response been to the trials in your life? Are they consistent with what you learned this week in James 1?

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4. In what specific ways has God shown you where you need to change in your responses to your trials?

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5. Do you believe that God is good? How does your life currently reflect the goodness of God?

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6. Make a list of all the good gifts God has given you in this season of life.

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7. What are the most common ways you are tempted to sin? Do you generally find victory over temptation or are you failing consistently?

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8. How might community and fellowship with other Christians help you overcome temptations better?

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9. Are you willing to humbly open up your struggles to other Christians in order to find victory?
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10. Are you a doer of the word or a hearer only? How would the people closest to you in your life answer this question about you?

11. Consider James 1:24. Now try to describe yourself as you see yourself in 3 words.

12. Finally, describe yourself in three words as God sees you.

LESSON 2

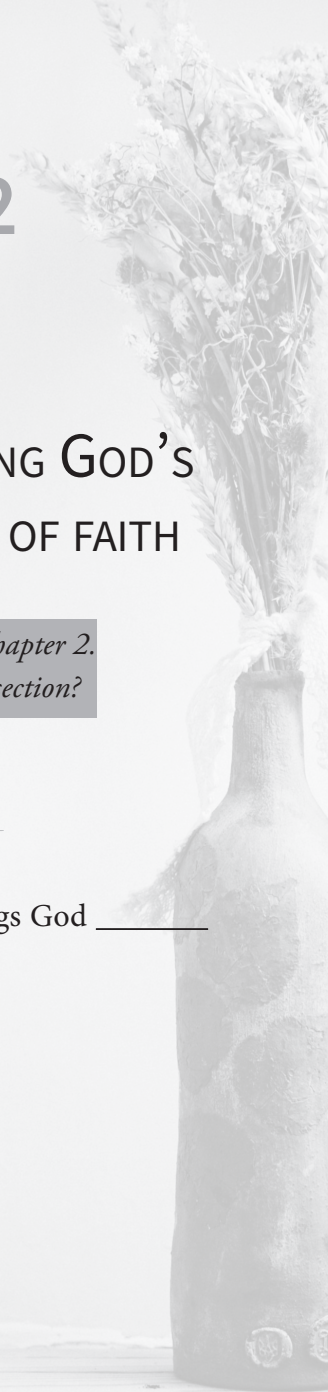
JAMES 1:26-2

TRUE RELIGION: EMBRACING GOD'S PERSPECTIVE ON THE LIFE OF FAITH

*Before the lesson, read James 1:26-chapter 2.
What are the main themes in this section?*

LESSON OUTLINE:

1. True religion cares about the things God _____ about.



2. True religion refuses to give in to _____
and _____.

3. True religion believes God's word and _____
to it (vertical).

4. True religion refuses to settle for faith without
_____ (horizontal).

QUESTIONS:

1. Why do you think God loves widows and orphans so much?

2. Are there any widows or orphans in your life right now? In what specific ways can you love them like God would love them? Make a plan to intentionally do this this week.

3. In what ways do we show favoritism in the Church? What do you think God thinks of that sort of attitude?

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4. Who are your neighbors? How can you better love your neighbors as yourself this week?

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5. Mercy triumphs over judgment. How have you seen that play out in your life when it comes to your relationship with God?

6. "Faith without works is dead." Have you ever struggled to find balance between faith and works? On which end of the spectrum do you tend to lean?

7. Take a moment and read the story of Abraham/Isaac in Genesis 22 and the story of Rahab in Joshua. Jot down two to three key points you gleaned from your reading.

8. What are some ways you can obey God more specifically to show that you really do trust and believe him?

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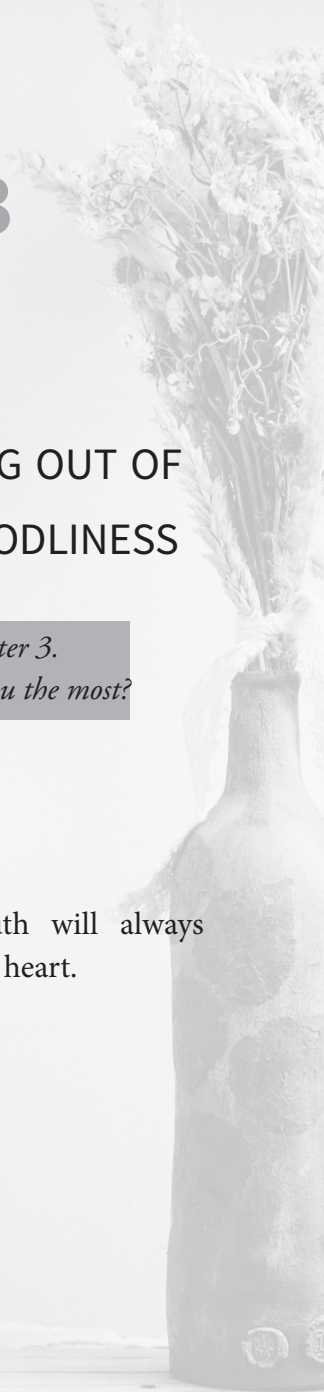
LESSON 3

SELF-CONTROLLED: LIVING OUT OF AN OVERFLOW OF TRUE GODLINESS

*Before the lesson, read James chapter 3.
Which verse in this chapter impacted you the most?*

LESSON OUTLINE:

1. What comes out of your mouth will always _____ what's in your heart.



2. What comes out of your mouth has a lot more _____ than you think.

3. What comes out of your mouth can be _____ by the Holy Spirit.

4. What comes out of your mouth will always define your _____ on others.

QUESTIONS:

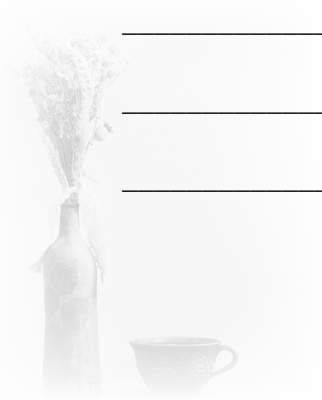
1. Has God ever called you to teach His word? How did that go for you and in what ways might you be able to grow your gift of teaching?

2. Think about the words that come out of your mouth and the tone of those words. How would people who listen to you the most describe you based on your words?

3. On a scale of 1-10 how would you rate your self-control when it comes to your tongue?

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4. Think about a situation where your words really hurt someone. How did that reflect your faith in Christ?

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5. Now think about a situation where your words really built up someone. How did that make you feel when that happened?



6. Have you ever asked the Holy Spirit to change your words and the motivation behind your words? Would you be willing to do that now?

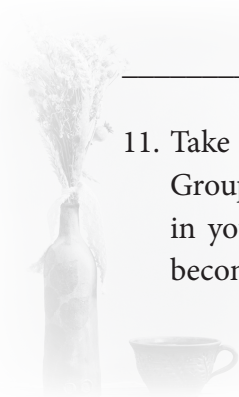
7. In what specific areas in your life do you need God's grace the most?

8. James 3 shows the difference between earthly wisdom and Godly wisdom. Which type of wisdom most commonly characterizes your life?

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9. What are the things and habits that make you feel jealous? How can you submit your life to God in a way to get rid of the stronghold of jealousy?

10. Has God ever held back from you something that you wanted so much? How did that make you react and feel? What did your reactions show about your heart?

11. Take a moment and pray with one of your Small Group members about the things God is doing in your heart. Ask him to give you the power to become the person he wants you to be. Would you



make it a point to text your prayer partner this week and tell them how things are going for you.

LESSON 4

SET APART: STICKING OUT IN A WORLD OF FAKES

*Before the lesson, read James chapter 4.
List three things you learned about God in this chapter.*

LESSON OUTLINE:

1. In order to live authentically I must be set apart in my _____.

2. In order to live authentically I must be set apart in my _____.

3. In order to live authentically I must be set apart in the _____ of my heart.

4. In order to live authentically I must be set apart in my _____.



QUESTIONS:

1. Let's talk about your relationships. Are you generally a person of peace or a fighter? What are the circumstances that tend to bring out the worst in you?

2. What are the top one or two things you want more than anything in your life?

3. Have you ever prayed about those desires? How has God answered?

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4. Why do you think God doesn't always give us what we want when we want it?

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5. Can you think of one or two Biblical examples of waiting that have ministered to you in the past?

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6. In what ways do you think God longs for us to be different than everyone else in the world? Why do you think God asks us to be set apart in some areas in our life?

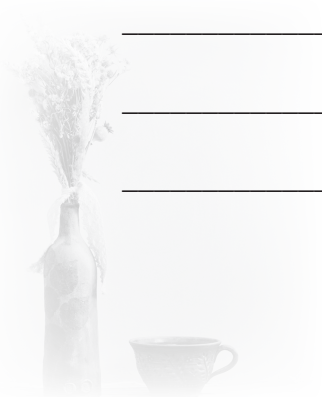
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7. God is jealous over you. How did you react to the concept that God is a jealous God?

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8. What does a life of humility before God look like? Does your life match your description?

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9. What specific sin areas in your life do you need help with in order to find victory? What are you willing to do to get that victory?

10. Have you inadvertently been caught in a cycle of judging others and speaking evil against them particularly other Christians? Why is that wrong? How can you change?

11. Life is short. What are you going to do to make the most of the rest of your life?



12. If you could change some things about your life to live more Christ centered what would you change?

LESSON 5

FOREVER STEADFAST: REFUSING TO GIVE UP NO MATTER WHAT

*Before the lesson, read James chapter 5.
What words stick out in this chapter?
(Hint: they start with a “P”)*

LESSON OUTLINE:

1. When it comes to living radically for Jesus you must be steadfast against _____.

2. When it comes to yielding much fruit you must be steadfast in_____.

3. When it comes to finding breakthrough you must be steadfast in _____.

4. When it comes to saving the world you must be steadfast in the _____.



QUESTIONS:

1. Have you ever been tempted to judge the rich and be jealous of them? How did reading James 5:1-6 make you feel about the rich?

2. How can you develop a burden for souls whether they are rich or poor?

3. What are some areas in your life you have become too self-indulgent in?

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4. Do you long to be rich? Is that a God honoring goal? Why or why not?

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5. On a scale of 1-10 how patient are you?

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6. Why is it easy to feel frustrated with God in seasons of delay?

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7. How did the teaching encourage you to make it through seasons of waiting?

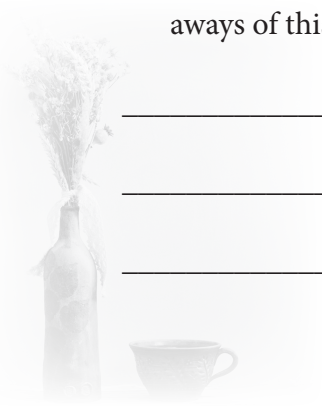
8. Think about Job. How does his life encourage you?

9. How is your prayer life?

10. What practical steps can you take to become a prayer warrior like Elijah was?

11. Have you ever confronted a brother or a sister with the truth? How did that turn out for you? How do you think God felt about it when you did that?

12. Summarize in two or three points your main take-aways of this Bible study.



13. What are you going to do about the things that you've learned?

ANSWER KEY

Lesson 1

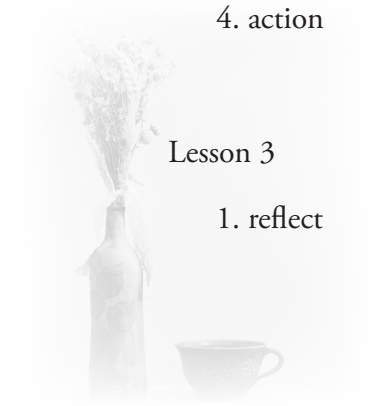
1. joy
2. weapons
3. goodness
4. obedience

Lesson 2

1. cares
2. favoritism & partiality
3. submits
4. action

Lesson 3

1. reflect



ANSWER KEY

2. power
3. changed
4. impact

Lesson 4

1. desires
2. relationships
3. responses
4. perspective

Lesson 5

1. self-indulgence
2. waiting
3. prayer
4. truth

ABOUT THE AUTHOR



Lina AbuJamra is a Pediatric ER doctor and founder of Living with Power Ministries. Her vision is to bring hope to the world by connecting biblical answers to everyday life.

Lina has authored several books including: *Thrive. The Single Life as God Intended, Stripped. When God's Call Turns from Yes to Why Me?* and *Resolved. 10 Ways to Stand Strong and Live What You Believe*. You can listen to Lina's podcast on iTunes or Podbean and watch her inspiring thousands via the Faith Booster series and other Bible teachings on YouTube and Vimeo. Lina is the host of Today's Single Christian on Moody Radio and the host of Morning Minutes, a daily audio devotional available on her website and app.

Lina has spent the last fifteen years speaking at conferences, college chapels, and retreats. She gained experience teaching Bible studies while directing the women's ministry for three years at Harvest Bible Chapel in Rolling Meadows,

II. She now spends most of her time traveling all over the world telling others about God's love. Her teaching will ignite your heart and life for Jesus.

Lina's most recent adventure has taken her back to the Middle East and her birth country, Lebanon, where she is providing regular medical care for Syrian refugees. Born in Beirut, Lebanon, Lina now calls Chicago home. She is single and a huge Packers fan, and would not survive without her iPhone.

For additional information go to:
www.livingwithpower.org